

## YWCA POOL SCHEDULE

### June July & August 2010

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-8:00	Early Fish	Early Fish	Early Fish	Early Fish	Early Fish		
6:30-7:30	AM Water Aerobics	Water Walking	AM Water Aerobics	Water Walking	AM Water Aerobics		
8:00-8:45 <u>Shallow End</u> <u>Closed MWF</u>	Water Aerobics	Open /Lap Deep Water Aqua Jogging Class	Water Aerobics	Open / Lap Deep Water Aqua Jogging Class	Water Aerobics		
9:00- 10:00	Open / Lap Parent-Tot, 9:00-9:30 Preschool Lessons 9:30-10:00	Open/Lap Day Cares	Open / Lap Parent-Tot 9:00-9:30 Preschool Lessons 930-10:00	Open / Lap Daycares	Open / Lap Day Cares	Open/Lap 9:00-1:00 Preschool 10:00-10:30	
10:00-11:00	School Age lessons 10:00-10:30 Open/Lap	Open/Lap	School Age lessons 10:00-10:30 Open/Lap	Open/Lap	Open/Lap	School Age 10:30-11:00	
11:00-11:45 <u>Shallow End</u> <u>Closed M-F</u>	Water Aerobics	Arthritis Water Exercise	Water Aerobics	Arthritis Water Exercise	Water Aerobics	Water Aerobics 11:00-12:00	
11:45-1:00 12:00-1:00	Open/Lap Sr Center Aerobics	Open/Lap	Open/Lap Sr Center Aerobics	Open/Lap Day Cares	Open/Lap Day Cares	12:00-1:00 Red Hats Water Walking	
12:00-1:00 1:00-2:00	Open/Lap Day Cares	Open/Lap Day Cares	Home School Open/Lap Day Cares	Open/Lap Day Cares	Open/Lap Day Cares	CLOSED 1:00	Open/Lap 1:00
2:00-3:00	Open/Lap Day Cares	Open/Lap Day Cares	Open/Lap Day Cares	Open/Lap Day Cares	Open/Lap Day Cares	<u>RENTALS</u> <u>From 1:00 ON</u>	
3:00-5:00	Open/Lap Day Cares	Open/Lap Day Cares	Open/Lap Day Cares	Open/Lap Day Cares	Open/Lap Day Cares		CLOSED@ 4:00
3:30-4:00 4:00-5:00	Open/Lap Day Cares YWCA Camp	Open/Lap Day Cares YWCA Camp	Open/Lap Day Cares YWCA Camp	Open/Lap Day Cares YWCA Camp	Open/Lap Day Cares YWCA Camp		<u>RENTALS</u> <u>4:00-ON</u>
5:45-6:30	Open/Lap Water Aerobics 5:45-6:30	Open/Lap	Open/Lap Water Aerobics 5:45-6:30	Open/Lap	Water Aerobics 5:45- Open/Lap CLOSED @ 7:00	<u>RENTALS</u> <u>PARTIES</u> <u>BOYSCOUTS</u>	
6:00-7:30 6:30-7:30 6:30-9:00 9:00 CLOSED	Parent-Tot 6:30-7:00 Adult Lessons 7:00-7:30 Open/Lap	Preschool 6:30-7:00 School age 700-730 Open/Lap Scuba Diving	Parent-Tot 6:30-7:00 Adult Lessons 7:00-7:30 Open/Lap	Preschool 6:30-7:00 School age 7:00-7:30 Open/Lap Scuba Diving	<u>WE OFFER ALL</u> <u>Lifeguard Classes</u> <u>CPR Classes</u> <u>First Aid Classes</u> <u>Workplace Classes</u> <u>(We will set up at</u> <u>your workplace)</u>	<u>GIRLSCOUTS</u> <u>BAPTISMS</u> <u>SOCIALS</u> <u>BIRTHDAYS</u> <u>CHURCHES</u> <u>1:00 -ON</u>	<u>CALL</u> <u>CATHY</u> <u>FOR ANY</u> <u>DETAILS</u> <u>336-882-4126</u>

